

TIPS FOR PARENTS

You are your child's best advocate. Here are some helpful ways to support their development:

Learn about developmental health and milestones.

- Understand developmental health and milestones. Information and resources are available at helpmegrowks.org/family.
- Ask your provider for developmental screenings and discuss appropriate follow up.
- Track your child's developmental health using a developmental screening passport. Download yours at helpmegrowks.org/family.

Be their advocate.

- Monitor your child's physical, social and emotional needs.
- Ask your providers questions and voice your concerns.
- Stay up-to-date on recommended immunizations and screenings at bit.ly/KSImmunize.

Become an early childhood leader.

- Get involved at bit.ly/ParentLeaders.
- ➤ Share your experiences and lessons learned with other families. Get connected at bit.ly/KDHESupport and bit.ly/SupportKCSL.
- Attend a parent leadership conference.



